



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

Regional Level

Amy Shakesby

This is to certify that Amy Shakesby has performed to a very high standard in Competition Sport Karate throughout 2016 winning the medals and titles listed below:-

Championship Success - 1 Silver

Shindo Kai National Championships - 20th November, Barnsley

Silver - Team Kumite

Congratulations on your sporting achievements throughout 2016. Well done Amy.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

